

# Reform of University Chinese Teaching Mode Integrating Humanistic Spirit Education

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**Abstract:** The disciplinary characteristics of university Chinese determine that it has unique advantages and irreplaceable functions in promoting the integration of humanities education and science education and in cultivating and shaping students' humanistic spirit. Colleges and universities should comprehensively promote quality education, focus on cultivating students' sense of social responsibility, innovative spirit and practical ability, deepen teaching reform, strengthen discipline construction, improve teaching quality and promote students' all-round development. University Chinese teaching should combine book knowledge and students' personality to cultivate humanistic quality, and strive to cultivate innovative talents in innovative education of university Chinese. Humanistic spirit is a universal human self-care and the most fundamental spirit embodied in the whole human culture. In different historical stages of the growth of humanistic education, the humanistic spirit contained in its teaching is constantly enriched, which not only gradually realizes the integration of instrumentality and humanism in Chinese, but also realizes the task of cultivating modern, complete and sound university students' personality.

## 1. Introduction

Humanistic quality is a person's internal quality composed of knowledge, ideas, will and other factors, which is manifested in a person's personality, quality, cultivation and so on[1]. The international competition in the 21st century is not only reflected in the contest of science and technology and economic strength, but also in the contest of national cultural heritage, national spirit and spiritual civilization level[2]. Through humanistic quality education, people can get rid of the animal kingdom from which they originated more and more, thus becoming more socialized and humanized, which plays a great role in inheriting civilization, carrying forward the national spirit, improving the humanistic quality of the whole people, shaping the humanistic spirit and entering the all-round growth of people[3]. Strengthening the humanistic spirit of university students and cultivating their good quality have become the responsibilities and obligations that can not be ignored in higher education. University Chinese teaching is the most direct and effective course to improve university students' humanistic spirit. As a university Chinese teacher, we should consciously infiltrate the concept of quality education in the teaching process and cultivate students' humanistic spirit in a subtle way[4]. Chinese education is a kind of emotional communication, a rigorous scientific view and the embodiment of spirit. Chinese education is a comprehensive cultivation and exploration of human nature and a revelation of the meaning of life. It is an unshirkable task for higher education to cultivate talents with profound and excellent national cultural heritage, who can understand and absorb the outstanding cultural achievements of all nationalities in the world, and who are better educated than Gao Wenming[5].

Through the change of instructional methods, students' learning style can be changed, so as to realize the cultivation of university students' humanistic quality. Influenced by exam-oriented education, most university students still stay in the stage of traditional passive acceptance of learning methods, such as rote memorization, no active discovery and exploration, and lack of interest and passion. Humanistic spirit is the most fundamental spirit embodied in the whole human culture, which takes the pursuit of lofty values such as truth, goodness and beauty as the core and the freedom and all-round growth of human beings as the ultimate goal, and is a concern and pursuit of human self-improvement[6]. The disciplinary characteristics of university Chinese determine that

it has unique advantages and irreplaceable functions in promoting the integration of humanities education and science education and in cultivating and shaping students' humanistic spirit[7]. In the practice of university Chinese teaching, the conflict between teaching content and teaching time, the correctness of teaching materials, various problems in the teaching staff and the cultivation of humanistic quality are inevitable problems to be considered in university Chinese teaching. In the stage of university Chinese teaching, we should not only pay attention to its “instrumentality”, but also pay attention to exploring and cultivating the factors of humanistic spirit education for contemporary university students in teaching.

## **2. Orientation of University Chinese Teaching**

Humanistic quality education is one of the topics of general concern in the field of higher education in recent years. More and more people of insight realize the importance of strengthening humanistic quality education to improve the individual quality, group quality and even the whole nation quality of university students. The strength of students' creative thinking ability is an important symbol of humanistic quality. University Chinese condenses the outstanding literary works at all times and all over the world, and shows the writers' thinking methods and writing skills. University Chinese will no longer be the education of basic knowledge and skills of Chinese, but it will be more comprehensive and skilled[8]. Judging from the nature of Chinese, university Chinese is a public basic “cultural course”, focusing on spiritual improvement. Professional education focuses on cultivating students' rational thinking ability and professional skills that can be applied to work practice, while humanistic education focuses on cultivating students' ability to understand and deal with social relations, interpersonal relations and the relationship between things and themselves.

There are many excellent literary works in university Chinese, which condense the rich feelings of predecessors. With the unique image of China characters, these works outline the beautiful harmony and majestic momentum of nature, reveal the true feelings between people, show that happiness and difficulties on the road of life temper people's will, and have the function of cultivating students' healthy emotions. The fundamental purpose of setting up university Chinese course in full-time colleges and universities is to give full play to the humanistic and basic characteristics of Chinese subject, adapt to the development trend of contemporary humanities and natural sciences, and cultivate high-quality talents with all-round qualities for the goal of socialist modernization in China. University Chinese teaching can enrich students' emotions and shape their aesthetic quality. Strengthening emotional education for students, enriching students' emotional world, making students form healthy feelings and improving their emotional adjustment ability and aesthetic ability is another important content of humanistic quality education.

## **3. The Connotation of Humanistic Spirit in Chinese Teaching**

University Chinese teaching is not only to cultivate people who are fluent in arts and sciences, but also to focus on cultivating university students' humanistic quality through Chinese teaching, which is conducive to the infiltration of arts and sciences, the all-round growth of people's inherent thinking ability, the growth of the wisdom resources of the vast quantity of young people, and the cultivation of them to become creative, imaginative, innovative and pioneering new talents. Teachers should set an example for students, whether in life or in learning. Healthy and sound talents are the cultivation of students' ideal personality. Therefore, teachers should first strive to mold students' personality with their own personality, cultivate students' spirit with their own spirit, and make students flow out of the depths of their hearts with humanistic spirit. Teachers should stimulate students' desire to seek knowledge, help them master the methods of seeking knowledge and guide them to grasp the direction and depth of seeking knowledge. Modern technology can integrate words, sounds, music and pictures, make the teaching content three-dimensional and situational, form multiple sensory stimuli for students, attract students to maintain high attention and have a strong interest in works.

When discipline and science gradually developed into separate fields, they gradually separated from their respective mother bodies, and the formation of discipline system obscured the humanistic feelings of education. This change in status has brought discipline to the discipline system, which has bound people and caused the loss of humanistic spirit. Science has changed the nature of education in its unique way, reducing the possibility of education seeking all results, which is conducive to the change of institutionalized society, but it is not conducive to human development and will eventually lead to human alienation[9]. Real learning should be a stage of active discovery. In this process, students should play the main role, and teachers can only play the role of guidance, help and inspiration. Teachers should stimulate students' desire to seek knowledge, help them master the methods of seeking knowledge and guide them to grasp the direction and depth of seeking knowledge. Teachers should arrange and combine the teaching contents reasonably according to the teaching ideas, give priority to text descriptions, and make courseware by inserting movie clips or auxiliary works to read aloud, which can be played in class to obtain better teaching effect as much as possible in the same class. In guiding reading, we should pay attention to the cultivation and tempering of students' reading will, strengthen students' reading motivation, be a good guide for students, communicate with them in time, have a spiritual dialogue, exchange reading experience and experience, and share reading results. In teaching, we can even consciously play some classic films and carry out film reviews to assist the reading of classic works.

#### 4. The Infiltration Strategy of Humanistic Spirit in University Chinese Language Teaching

##### 4.1 Innovative Instructional Methods

Humanistic education, simply speaking, is an education aimed at cultivating students' humanistic spirit and improving students' humanistic quality. Humanistic spirit is a kind of universal human self-care, which mainly refers to the persistent pursuit of ideal world and ideal personality, the promotion of human values, the pursuit of human self-improvement, the liberation of personality and the persistence of rationality. As far as Chinese knowledge is concerned, university Chinese teaching also has the function of systematically sorting out knowledge. With the development and innovation of teaching, traditional instructional methods and means can no longer meet and adapt to the requirements of university Chinese teaching. Therefore, Chinese teachers should renew their ideas, be brave in pioneering, boldly try new instructional methods and adopt new instructional means to better inherit the humanistic spirit in innovative instructional methods and means. University Chinese is a quality education course that can infiltrate arts and sciences, blend culture with science and technology, cultivate university students' humanistic spirit and create a cultural atmosphere on campus. In addition to rich scientific and cultural knowledge and advanced technical level, humanistic spirit requires people to have independent thinking ability, correct world outlook, outlook on life and values, enterprising and pioneering spirit, higher ideological and moral quality and sense of responsibility for human beings, and strong adaptability and competitiveness in a rapidly changing society. The innovative Chinese teaching system model is shown in Figure 1.

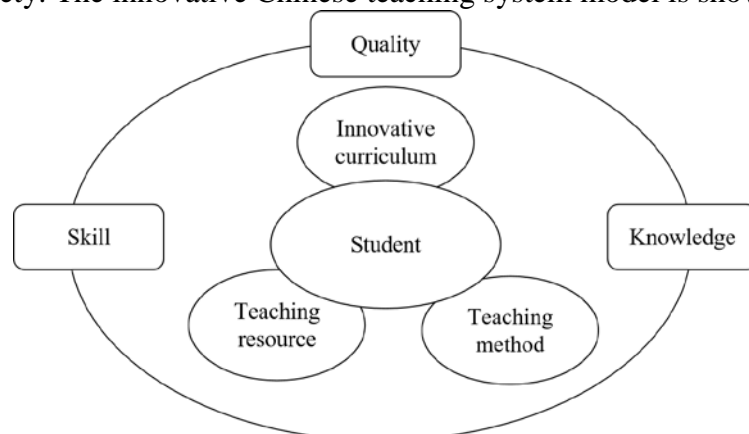


Fig.1 Innovative Chinese Teaching System Model

Traditional Chinese teaching separates the relationship between language content and form in the teaching of content, and attaches importance to the training of methods while ignoring the accumulation of language and the edification of emotion. Among many basic education disciplines, the characteristics of university Chinese determine that it has unique advantages and irreplaceable functions in promoting the integration of humanities education and science education and in cultivating and shaping students' humanistic spirit. Chinese course is rich in emotion and humanistic connotation, which has a profound influence on people's spiritual field and a strong shock to students' hearts. The university stage is the best time to improve students' personality and cultivate their comprehensive quality and ability. If we still repeat the examination mode of exam-oriented education without the pressure of entering a higher school, we can neither give full play to students' creative thinking nor effectively mobilize their enthusiasm for learning. Excellent culture is the foundation of humanistic quality or humanistic spirit. University Chinese not only plays the role of inheriting humanistic spirit, but also undertakes the important mission of educating and cultivating humanistic morality for university students.

#### 4.2 Strengthen Teacher-Student Interaction

Chinese textbooks take literary works as the main carrier of learning, and there are a lot of rich images, strong emotions and colorful humanistic contents in the textbooks. Every student is an individual with independent consciousness and free will, and has his own independent personality, thought and personality, so we should fully respect them in the teaching process. Chinese teachers should pay attention to science in classroom management, and strive to create a democratic and relaxed environment atmosphere, so that students can show their thoughts, feelings, imagination and creativity as irreplaceable individual lives. Chinese textbooks have more humanistic qualities than other textbooks, and the charm of Chinese culture it shows is incomparable to other disciplines. The interactive instructional mode of university Chinese is shown in Figure 2.

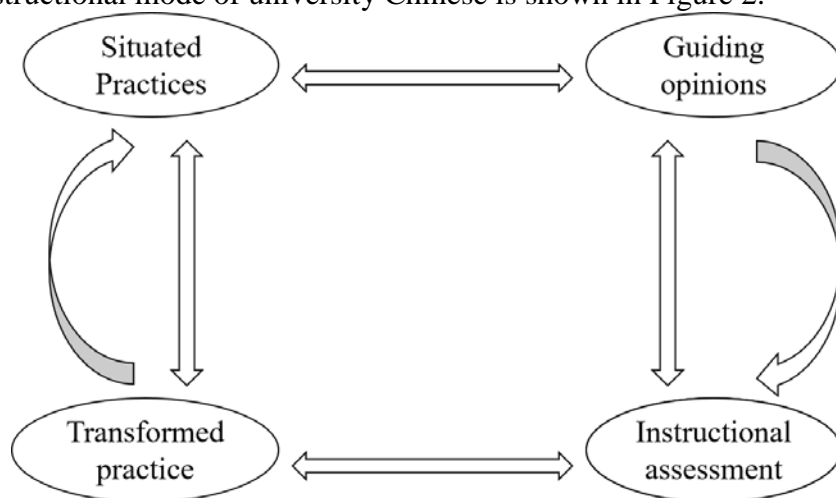


Fig.2 Interactive Instructional Mode of University Chinese

Reading and studying a large quantity of literary works will undoubtedly greatly broaden students' horizons and enrich their cultural literacy. In teaching, students' psychological quality and moral feelings will be cultivated and nourished through vivid life scenes and atmosphere such as concreteness, artistic conception and language. Chinese teachers should, according to their own specialties, make use of the expansibility of elective courses and lectures, and continue to cultivate students' humanistic quality on the basis of Chinese traditional culture. University Chinese teaching helps students to understand the philosophy of life contained in literature. Learning university Chinese not only enriches the spiritual world of university students and strengthens their spiritual strength, but also greatly enriches their inner feelings, promotes their emotional wisdom and improves their aesthetic ability.

#### 5. Conclusions

The cultivation of university students' humanistic quality can't be accomplished only by the teaching of a Chinese course. It is also influenced by the social environment and social atmosphere, which requires the joint efforts of schools and society to create a good atmosphere conducive to the formation of university students' humanistic quality. As a university Chinese course to cultivate university students' humanistic spirit and create a university cultural atmosphere, its purpose is to adapt to the needs of science and technology, economy and society for talent training, and to improve students' reading comprehension ability, thinking ability in images, language expression ability and professional writing ability. Chinese teachers should pay attention to science in classroom management, and strive to create a democratic and relaxed environment atmosphere, so that students can show their thoughts, feelings, imagination and creativity as irreplaceable individual lives. Humanistic quality education focuses on the consistency of people's adaptation and creation, and emphasizes the cultivation and growth of students' creative thinking and ability, so that each student can fully display his talents and develop his personality vividly.

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